



ABOUT

KIMBERLY V. DUNN

Kimberly is a Certified Bio-Energy and Sound Therapy Practitioner and founder of Rays of Life, a wellness practice that Brings Beauty to Your Life through unique soundscape experiences. She is also a Crystal Alchemy musician and freely shares many of her creations on YouTube.

Kimberly's passion is to support others on their wellness journey by offering tools that promote deep relaxation, emotional clarity, and inner peace. Whether through in-person sound baths or digital experiences, she deeply believes in the power of sound to awaken healing and transformation.

Kimberly's passion for sound healing stems from her own personal experience listening to the tones of Crystal Alchemy singing bowls. From her very first experience, she noticed a calming effect on her spirit, and over time, she discovered that this change became permanent. Through a consistent meditative practice, Kimberly gently and effortlessly built resilience to stress triggers, helping her remain calm and centered in challenging situations.

Her approach integrates a science-based framework, blending guided meditations, mindfulness, and biofield techniques, tailoring each session to the unique needs of those in attendance.

Kimberly has received multiple certifications in Sound Healing, Biofield Tuning, and Usui Reiki, and has completed numerous courses related to alternative and complementary therapies, as well as the science of sound. She is currently pursuing a Crystal Certification program and exploring deeper applications of the gong for various therapeutic purposes.

A few of the sound healing pioneers she follows include Jeralyn Glass of Crystal Cadence, a musician, singer, and crystal sound meditation leader; John Stuart Reid, an acoustic physics researcher and a respected authority in the field of cymatics; and Jonathan Goldman, an author, musician, and spiritual teacher in the fields of Harmonics and Sound Healing.

One of Kimberly's latest projects involves Solu's N.O.W. Tone Therapy System, which she incorporates into her sound healing practice to enhance the healing experience. And, she regularly uses it in her personal meditation practice, as well as to help create an intense focus while working on projects. You can listen to her full Solu video series on YouTube to learn more about this amazing technology.

She is available for One-to-One private sessions, Couples Sessions, Small Group events, and is also available for private events and public group sound bath event bookings. You can learn more on her website at www.RaysOfLifeSoundTherapy.com, and all her social media links can be found by visiting www.linktr.ee/RaysOfLifeSoundTherapy.

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LIVING IN THE OPULENCE OF
VIBRATIONAL ENERGY ©

Kimberly V. Dunn
